



NEWSLETTER

Date: 8 February 2017 No 1/2



Government
of South Australia
Department for Education
and Child Development

✧ Friendliness ✧ Good Manners ✧ Courage ✧ Compassion ✧ Tolerance ✧ Persistence & Resilience

False Rescues

Our children are the most important things in our lives. If our children were in danger, I am sure that we would all do whatever we could to rescue them, even to the point of giving our lives.

Have you ever taught your child to swim? We hold them up on the surface, tell them to kick their legs, move their arms and breathe deeply. We let go, they go under but we are there to lift them to the surface again.

Imagine you never let go. Your child would never learn to swim and would always be dependent on you when in the water. Not letting go could put your children eventually in mortal danger of drowning if you are not around.

Letting go is an essential part of learning and growing.

We strive to have learning at the heart of everything that we do at Hackham East Primary. A "False Rescue" is when, in attempting to help a child, no matter how good the intentions, we actually stop the learning.

All children must learn independence. Are they carrying their own bags to school and putting them in the appropriate place outside the class? Are they getting their own equipment out at the beginning of the day? Do they put their own lunch in the lunch bag, dress themselves? Do they do their own homework? I recall, as a child, leaving the completion of a project until the last moment. My mother jumped in to help me finish it on time, actually doing some of the research for me. This was a false rescue.

Did it teach me that there were consequences for my poor organisation or did it just reaffirm that mum would always be there to rescue me?

We can unintentionally rescue children from thinking. When a child asks a question, it is so easy to give an answer. By responding to their question with "What do you think?" we not only get our kids to think but also learn what they think. We learn about their knowledge, their assumptions and their misconceptions. We can then question them further to help them think through their own thinking. Their thinking will go deeper than just getting an answer from us.

We no longer "false rescue" students by cocooning them at playtime with rules and regulations. With high expectations instead, we want children to take risks, think for themselves and problem solve by allowing them to ride scooters and bikes, build cubbies and play with sticks. If there is an altercation such as who owns which cubby materials, we teach them to problem solve, reach compromise and come to agreements rather than make the rules and solve the problem for them and stopping the learning.

Letting go can be very difficult but it is all about learning. False rescues stop learning. Together, in partnership we will help build strong, resilient learners.

Bob Thiele
Principal

DIARY DATES

13/2-17/2	Aquatics, Yr 6/7 students
Tuesday 14/2	Acquaintance BBQ, 5:30-6:30pm
Friday 24/2	Governing Council AGM, 1:00pm
Tuesday 28/2	Early Bird Discount for School Fees finishes

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HACKHAM EAST PRIMARY SCHOOL, COLLINS PARADE, HACKHAM, SA, 5163

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PRINCIPAL: Bob Thiele, SENIOR LEADER/SCHOOL COUNSELLOR: Scott Megson

DEPUTY PRINCIPAL: Sally Slattery

GOVERNING COUNCIL CHAIRPERSON: Claudia Hanton Email: Governing.Council897@schools.sa.edu.au

Website: www.hackhame.sa.edu.au



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WELCOME TO NEW STAFF AT HEPS

At the first assembly, on day one this term, we welcomed the following new staff to our school community:

Jessica Nagel, Castle Unit Reception/Year 1

Emma Shillum, Castle Unit Year 1/2

Tori Hay, Castle Unit Year 1/2

Lisa Connolly, Holly Unit Year 5/6

We also welcome SSOs Dianne Curyer, Ali Clennett, Kristie Peterson and Danielle Taverner.

Welcome back Mrs Dealtry Year 3/4 and Mrs Jolley Year 3/4.

Bob Thiele
Principal

VIOLIN AND GUITAR TUITION

There are vacancies for violin for students in Yr 3 and older and guitar tuition for Yr 5-7 students, through the Instrumental Music Program. Instruments can be borrowed from the library. Tuition is free.

Please email bob.thiele933@schools.sa.edu.au or notify Lee Clements at the front office with your child's name, year level and class teacher's name if you are interested.

Bob Thiele
Principal



111 REASONS TO USE YOUR SCHOOL CROSSING

Reason 1: Nearly one in every eight road deaths in South Australia is a pedestrian. In addition to fatalities there are on average just under 100 pedestrians seriously injured as well as many more who receive minor injuries each year.

Reason 2: **Your child will learn about pedestrian safety by watching you**, so use safe behaviour around cars, roads, footpaths and car parks. Always **stop, look, listen and think** before crossing a road, and use pedestrian crossings wherever possible. **Always** cross at the safest point, even if you have to walk further out of your way and if you are crossing at the lights, wait for the green man.

Reason 3: Queensland's Centre for Accident Research and Road Safety recently conducted an Australia-wide survey of parents focused on keeping kids safe around roads and cars. **They found until the age of NINE, children's perceptual and cognitive abilities are not sufficiently developed to enable them to make sound judgements when they are crossing roads.** Holding hands with your children is the best way to keep them safe around a school crossing.

Reason 4: The Australian Road Rules state if you are within 20 metres of a crossing (including a school crossing) you must use that crossing to walk from one side of the road to the other.

And the other 107 reasons? 107 is the number of dollars an expiation notice (fine) will cost you if you are detected breaching the above Australian Road Rule. So keep an eye out for any hazards and keep holding hands until you're all safely in the school yard or in the car.

This article has been prepared by A/Sgt Nigel ALLEN of the Road Safety Section, South Australia Police. If parents have any questions about school crossings please contact the Road Safety Section on the telephone number 82076586.



SOUTH AUSTRALIA POLICE
KEEPING SA SAFE



FOUND - A shelter was left behind at our school concert last year. Please see Front Office staff for more details.

CHERIE LOVE - PASTORAL CARE WORKER



Hello, my name is Cherie Love and I am now the Pastoral Care Worker at Hackham East Primary School.

I have worked at another primary school as a Pastoral Care Worker for the last 10 years, which I have thoroughly enjoyed. I am also a professional Counsellor and have a Diploma in Counselling as well as Certificate 4 in Chaplaincy.

I am married with 2 adult sons and a young grandson who is only 3½ months old.

Currently I will be at Hackham East Primary School on Monday and Tuesday but this will change mid term. I will advise of the change. I am located in the Easton Unit (2nd door on the left).

Please let me know if I can help you or your family in any way. You can contact me by leaving a message with Lee Clements at the Front Office or with Scott Megson.

I look forward to meeting you and supporting your children either in the classroom, one on one, group work eg What's the Buzz program or lunchtime activities for students.

ACQUAINTANCE BARBECUE

Come and personally welcome and meet all staff at our Acquaintance Barbecue which will be held on **Tuesday February 14** (next week) between 5.30 and 6.30pm.

A barbecue will be held outside the canteen and there will be no formal presentations or class visits. Instead, this will be a relaxed time to mingle with all staff and other parents.

Have your children introduce you to their teacher to receive a voucher for a sausage or two. Teachers will be sending a term overview and other information home at the end of Week 3 (17/3) to inform all parents and caregivers of expectations and learning that will occur during the term.

Bob Thiele
Principal



GOVERNING COUNCIL AGM

Parents and caregivers are invited to attend the Governing Council Annual General Meeting on:

Friday 24 February 2017
at 1:00pm
Conference Room

Come along and hear the achievements of our school in 2016 and our plans for the future.

If you are unable to attend and would be interested in being a member of the Governing Council or a member of one of the committees please leave your details with staff at the Front Office or contact Claudia Hanton (Governing.Council897@schools.sa.edu.au).

We look forward to seeing as many parents/caregivers as possible at our AGM.

Bob Thiele
Principal

FRONT OFFICE

We request that parents/caregivers and students walk around the main building to access classrooms. The Front Office is not to be used as a thoroughfare in or out of the school. We do not want to embarrass you by asking you to go back and around.

Thank you for your support.

Bob Thiele
Principal

ASTHMA

As per DECD policy all children who require regular intervention for asthma management should have **their own equipment and medication supplied by their family together with an asthma plan.** If your child has asthma, Asthma Australia recommends this is the best practice for infection control. Puffers and spacers are not to be shared.

Your child's medication and equipment can be stored at the Front Office. Our First Aid Room has a lockable cupboard to keep your child's medication and equipment safe.

DRESS CODE SHOP

The Dress Code Shop located at the end of Penney Unit is open at the following times for the purchase of new and second hand dress code items:

Tuesday	8:30 - 9:00am
Friday	2:30 - 3:10pm



Dress Code Committee

SPECIAL EARLYBIRD DISCOUNT OFFER – 2017 SCHOOL FEES

Hurry... if you pay your school fees in **FULL** before **Tuesday 28 February** you will receive a 5% discount! That is a saving of **\$11.55 per student**. Payments can be made by cash, cheque, credit card or EFTPOS. If you would like to pay online our bank account details are: **BSB: 105-136 A/C No: 510448140** and please include your family code &/or child's name. (eg SMIT00 J Smith schlfees)



2017 SCHOOL CARD APPLICATIONS

School card applications must be filled out and submitted **EVERY** year. Spare applications are available at the front office and need to be handed to our Finance Manager, Tracy Rowley as soon as possible.

SCHOOL BANKING – Commonwealth Bank

A reminder that school banking day is on **WEDNESDAYS**. If you would like to open a new account for your child(ren) please see Tracy Rowley for an application form.

CANTEEN NEWS

Canteen Menus have been sent home to all families. Please note there are some price changes. If you did not receive a Menu please see Coralie Goodman in the Canteen.

The Canteen now sell Home Ice-creams which range in price from \$0.60-\$1.00.

Slushies are only sold in the big cups - price \$2.00 (only sold at lunch time).

On **Tuesday 28/2** we will be having a Pancake Day and notes/order forms will be sent home shortly.

Volunteers are needed to assist in the Canteen and for catering events. Several catering events are planned for the Term and this can only be carried out if we have enough helpers. If you have any time available to assist it would be very much appreciated. Please speak with Coralie Goodman or Scott Megson if you are interested in being available to volunteer.

Thank you for supporting the Canteen

Coralie Goodman

CROSSING MONITORS

Term 1, Week 3 (13/2-17/2)

Morning: Joseph Coole
Mitchell Wasser
Zachary Summers

Afternoon : Kassady Buttfield
Tylah Schmock
Selene Brock

Term 1, Week 4 (20/2-24/2)

Morning: James Williams
Adison Harris
George Mavraidis

Afternoon : Madison O'Donnell
Wyatt Brophy
Jimmy Lenard

COMMUNITY NEWS

- **Learning Together Family Treasures** An informal group for families with young children. The focus is on making books for and/or about your children. Held each Thursday commencing 9/2 from 1:00-2:30pm at Christie Downs Primary School, Cnr Peregrine Cres & Justin Cres, Christie Downs.
- **Women Are Strong Women Survive** A group for women in the southern suburbs. Join us in an 8 week support group for women starting on 10/2 from 10:00am-12:30pm. To register Ph 82156310.
- **Toilet Training** Two parent information sessions on toilet training and strategies to help when it just isn't going to plan. Held on Saturday 11/2 & 18/2 from 10:30am at Children Centre, Vinters Walk. Ph 83826161 to register. Limited crèche available.
- **Who's In Charge?** A 7 session course for those struggling with children or adolescents that use violence and abuse towards them and other family members. Held each Monday (13/2-27/3) from 10:00am -12:00pm at Junction Australia Community Connections Hackham, 72 Collins Parade, Hackham. Ph 83923000 to register or for more information.
- **Circle of Security** A group for parents and caregivers who would like to explore and further develop their relationship with their child. Held on Tuesdays (14/2-4/4) from 1:00-3:00pm at O'Sullivan Beach Children's Centre, 51A Galloway Road, O'Sullivan Beach. Ph Leanne 83822850. Free.
- **Siblings In Focus** After hours school social groups for 5-12yr old siblings of children with special needs, disabilities and/or chronic illness. Free. Held at Junction Australia Family Connections, 72 Collins Parade, Hackham each fortnight, starting Wk 1. Ph Tanya 81866944 or 0439800785 to book.
- **Our Time** A fortnightly coffee and chat session for grandparents raising their grandchildren to come together with others who understand the challenges and joys of raising grandchildren. Held Tuesdays (21/2, 7/3, 21/3, 4/4) at Hackham West Children's Centre Unit, 50 Glynville Drive, Hackham West from 12:00-2:00pm. Free. Ph Alex Finoggenoff 0434343840 for more information.
- **Energize & Unwind** A walking group led by Huang to energise your body (kids in prams welcome). Coffee and chat with Tara (approx. 9:45) to talk about parenting, looking after yourself or your child's development. Held each Monday. Meet at Hackham West Children's Centre, Glynville Drive, Hackham West. Ph 83826161 for more information.
- **Infant Massage** Free infant massage classes for babies under 6 months with Karen (certified Infant Massage Instructor) teaching the First Touch Program. Ph Cathy 83923000 for more information or to
- **Butterflies Group** Butterflies is a safe confidential support group for women who wish to explore the effects of violence and abuse on their lives and become aware of the various supports and services in the community. Held each Tuesday 10:00am-12:00pm. Ph Cathy 0439548509 for more information.
- **Hip Hop** A beginners dance class with renowned SA Freestyle Champion Sanjaya Patterson. Held Thursdays (16/2-6/4) from 4:00-5:00pm for 8-18yr olds at Wardli Youth Centre, 13 McKinna Rd, Christie Downs. \$40.00 per term. Ph 81865133 for more info.
- **Broad Strokes & Big Ideas** Are you ready to take your drawing, painting and 3D skills to the next level at an 8 week workshop? Held each Tuesday (14/2-4/4) for 8-14yr olds from 4:00-5:30pm at Wardli Youth Centre, 13 McKinna Rd, Christie Downs. Ph 8865133 for more information.
- **Kuyarnapinthi (Going Fishing)** Pick up some fishing tips, explore Aboriginal Culture and discover the beach and river biodiversity. Held Mondays (6/2-3/4) from 4:00-6:00pm for 12-25yr olds. Free. Equipment and transport provided. Ph 81865133 for more information or to register.
- **Be Kind and Unwind** Personal wellbeing held on Wednesday 22/2 from 9:30am-2:30pm at Woodcroft-Morphett Vale Neighbourhood Centre, 175 Bains Rd, Morphett Vale. Lunch provided. Gold coin donation. Ph Georgina 81868900 for more information or to book.
- **Move to Live** Free information session about Diabetic Feet and what Podiatry and Exercise Physiology can do to keep your feet in tip-top shape. Held on Tuesday 21/2 from 6:00-7:00pm at 1-2/58 Cliff Ave, Pt Noarlunga South. Ph Meredith or Airlie 70780357 or 0419945436 to register or for more information.
- **Lego Design Group** Held at Aldinga Children Centre, Evans St, Aldinga on 4/2, 8/2, 4/3, 18/3 & 1/4 from 10:30am-12:00pm for children aged 5-12yrs with Autism Spectrum Disorder (siblings welcome). Ph Meg 0422407855 to register or for more information.
- **Being Dad** A men's group to chat about our role as fathers, our children's development and what it means to have a good relationship with our family. Held each Tuesday from 21/2 (12:30-2:30pm) at Taikurrendi Children & Family Centre, 8 Price St, Christies Beach. Ph 81861102 to register.
- **Dads Tuning in to Kids** A 6 session parenting program for dads of children 2-8yrs. Also available to male caregivers, including step dads, foster dads, uncles and grandfathers. Held at Woodcroft Heights Children's Centre, 25 Investigator Dr, Woodcroft from 6:00-9:00pm starting on 28/2. Ph Bonnie or Sara 83818005 to register.

Flyers with further information relating to the above events are available from the Front Office.